



# Native Child and Family Services of Toronto

Native Child and Family Services of Toronto is an Aboriginal, community controlled multi-service agency. Our mission is to provide support, ensure safety and enhance the quality of life for Aboriginal families, children, and youth within the greater Toronto area. Our agency works within a holistic framework, which builds on individual and family strengths, and engages clients as partners in identifying issues and their solutions.

## Maternal Mental Health Counsellor

Classification: Contract Full-Time  
Hours: 35 hrs/wk.

Rate: \$50,886 – \$73,774  
Location: 185 Carlton

**NCFST is committed to staffing a workforce representative of the Aboriginal population we serve. We encourage First Nation, Metis and Inuit applicants to apply and please self-identify in their cover letter.**

### Position Summary

Under the direction of the Supervisor, Pre/Postnatal, the Pre/Postnatal Maternal Mental Health Counsellor will:

- Provide counselling to Aboriginal Pre/Postnatal families.
- Coordinate and facilitate participant based pre/postnatal support groups.
- Collaborate with internal and external services to develop and implement wrap-around supports that are culturally informed, trauma informed and client centred.
- Work collaboratively with all Tikinagan services.
- Provide support to community members, on an as needed basis, for purposes such as assisting clients with attending appointments with other internal and external services.
- Provide case management supports when required and needed.
- Support families with additional referrals as required.
- Provide crisis intervention.
- Implement child development screening tools and developmental plans.
- Provide parenting support and education.
- Provide flexible, mobile and accessible supports through community visits and home visiting.
- Provide supportive counselling and work collaboratively with Child Welfare.
- Attend case conferences when required.
- Maintain ongoing case documentation.
- Prepare and submit accurate funder and client related reports and records

### What we are looking for:

- B.S.W. Degree or equivalent Degree and 2 years of relevant experience.
- Alternatively, an equivalent combination of education and experience working within the maternal-child mental health sector.
- Strong knowledge of Infant Mental Health and Child Development, and parenting practices.
- Knowledge of Aboriginal cultures, and holistic Social Work Practices and models of care.
- Special consideration for cultural birth-year knowledge keepers.
- Experience working as a support within the Aboriginal community.
- Pass a Vulnerable Sector Police Record Check.
- **Must have a valid driver's license, access to a reliable vehicle.**
- Passionate about working with pregnant, postpartum and early parenting families.
- Experience working with perinatal loss and a strong understanding of the impacts of the child welfare system within Aboriginal communities.
- Solid counselling skills.
- Knowledge of a variety of community resources (housing, VAW, pre/post-natal care etc.)
- Excellent written and verbal communication skills and organizational skills.
- Professionalism, initiative and respect for confidentiality.
- Demonstrated understanding, and commitment to, integrating the Native Child and Family Services of Toronto Mission and values in to practice, service and relationships.
- Demonstrated understanding of workplace Health and Safety practices and understanding of an employee's responsibility under current legislation.
- Ability to work effectively with all levels of staff, to maintain effective communication and working relationships, demonstrating strong interpersonal skills, tact, sensitivity and build strong internal relationships.

---

If you are interested in this job opportunity, please apply by clicking [APPLY HERE](#) on or before **February 1, 2021**

We are committed to providing a barrier-free work environment in accordance with the Accessibility for Ontarians with Disabilities Act and the Ontario Human Rights Code. As such, NCFST will make accommodations available to applicants with disabilities upon request during the recruitment process.

We thank you for your interest, however, only those applicants selected for an interview will be contacted.